



## **Music Therapy Internship Acceptance Standards**

In order to begin the music therapy internship at Mary Cariola Children's Center, an applicant should have the following abilities/characteristics:

### **A. Musical**

- Good command of basic piano/keyboard skills, including ability to play basic chord progressions (I-IV-V-I) in all keys; ability to sight read simple compositions and song accompaniments; transpose simple songs; harmonize simple melodies
- A singing voice with pleasing quality; ability to lead songs by providing introductory cues, starting pitch, and correct pitches and rhythm
- Good command of guitar skills including ability to play basic chord progressions (I-IV-V-I) in keys of C, D, E, G, and A; transpose simple songs and harmonize simple melodies

### **B. Therapeutic Skills**

- Basic understanding of the philosophies and theoretical concepts of music therapy
- Basic understanding of behavior management principles & techniques
- Willingness to learn how to apply the theoretical concepts of music therapy in a school setting with students, ages 3-21, diagnosed with a wide range of disabilities

### **C. Communication Skills**

- Ability to communicate in a clear, organized manner, both written and verbally

### **D. Professional Qualities**

- Emotionally stable, responsible, dependable, organized, and flexible
- Ability to accept and apply constructive feedback, critically self-evaluate, and work with a wide range of people



## APPLICATION FOR MUSIC THERAPY INTERNSHIP

The following items may be submitted electronically or mailed to :

April Westover Mounts, MT-BC, LCAT  
Mary Cariola Children's Center  
1000 Elmwood Ave.  
Rochester, NY 14620  
(585) 271-0761  
e-mail: [amounts@marycariola.org](mailto:amounts@marycariola.org)

1. Academic transcript from all colleges/universities attended
2. Two letters of recommendation addressing the clinical, communication, musical skills and professional demeanor of applicant.
  - one from academic director, including statement of eligibility to begin internship
  - one from a practicum supervisor, employer, or other professional
3. Current resume
4. Personal Contact Information Form
5. Two examples of your clinical documentation (goals and objectives, SOAP notes, progress report, etc)
6. A short essay answering the following questions:
  - What lead you to pursue a career in Music Therapy?
  - Why are you interested in doing your internship at Mary Cariola Children's Center?
  - What strengths (musical, professional, and personal) would you bring to this internship?
  - What skills (musical, professional, and personal) would you like to improve through this internship experience?

**Interview process:** After all materials are received, applications will be reviewed and selected applicants will be contacted. A final on-site interview will be required so that the prospective intern can see the facility and make an informed decision regarding acceptance should they be selected. An assessment of functional music skills, demonstrating the ability to lead a simulated music therapy session will be required. Each applicant will be notified in writing regarding the status of their application.

**Internship start dates and application deadlines:**

Option 1: Late August to late June. Application should be received no later than March 1st

Option 2: Early January to late August. Application should be received no later than Aug. 1st

**MUSIC THERAPY INTERNSHIP PERSONAL CONTACT INFORMATION**

Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

Permanent Address (if different from above): \_\_\_\_\_

\_\_\_\_\_

Phone Number(s) \_\_\_\_\_ E-mail \_\_\_\_\_

College/University \_\_\_\_\_

Current Academic Status:  Undergraduate  Graduate Student  Equivalency Student

Academic Director \_\_\_\_\_

Director Phone \_\_\_\_\_ Email \_\_\_\_\_

Number of Clinical Hours Completed \_\_\_\_\_

Date academic work will be completed \_\_\_\_\_

Major instrument and number of years studied \_\_\_\_\_